

Celeste C. Owens, PhD

Licensed Psychologist, Speaker, Consultant

Dr. Celeste Owens, a licensed psychologist is frequently asked to speak both locally and nationally on various topics associated with mental wellness. As a former faculty member with the University of Maryland, she acted as the Associate Director of the University of Maryland School Mental Health Program. In this role she provided administrative support to over twenty therapists, as well as offered therapeutic services to students in Baltimore City schools. In 2005, she opened the doors of *Serenity Counseling Services*, a practice devoted to the wellness of individuals seeking recovery from traumatic experiences. She is committed to the care of others and offers various services that challenge both men and women to push past the fear and live their best lives. She is known for being transparent about her own life challenges and encourages others to do the same.